## Marin Health Medical Center Outpatient Pulmonary Function Testing Lab Order

To make an appointment, please call the Central Scheduling Department at 415-925-7301 and fax this form to 415-925-7317

Monday-Friday 8:00-5:00PM Closed Saturday-Sunday

Patient name:		D.O.B.	Patient Phone:	
Ordering Physician:		ICD-10/Diagnosis:		
Insurance Carrier:		Policy#	Auth#	
Fax Number: Physician Sign		nature: Date:		
	SIMPLE SPIROMETRY	Spirometry measures the volume of air inspired and expired as a function of time. This helps to distinguish between disease states, i.e., obstructive, restrictive, or mixed.		
	SPIROMETRY W/ BRONCHODILATOR	Spirometry after the administration of a bronchodilator is useful for determining if airway obstruction is reversible.		
	COMPLETE PULMONARY FUNCTION TESTING	Lung Volumes: useful for determining the presence and severity of restrictive lung disease and obstructive lung disease  Diffusing Capacity (DLCO): Diffusion of gas from the alveoli to the pulmonary circulation is measured. Useful for determining the presence of pulmonary vascular disease, interstitial lung disease, and emphysema. Hemoglobin will be measured for DLCO correction.		
	METHACHOLINE CHALLENGE TEST	Spirometry is performed after the administration of increasing concentrations of Methacholine. Useful for evaluating patients with cough or suspected asthma that have normal spirometry. This test determines if bronchial hyperresponsiveness is present.		
	OXIMETRY	☐ Rest ☐ Exercise ☐ Overnight		
	SIX MINUTE WALK TEST	The 6-minute walk test (6MWT) assesses distance walked over 6 minutes as a sub-maximal test of aerobic capacity and endurance.		
	FeNOBreath TEST	Fractioned exhaled nitric oxide (FeNO) is a noninvasive marker of inflammation in asthmatic patients. FeNO can be used to monitor airway inflammation.		



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## Patient Screen:

- 1. Has the patient been symptomatic with cough, fever, chills, and any related airborne or transmissible pathogens like tuberculosis and novel respiratory viruses via airborne route in a healthcare setting recently?
  - If answered YES, then contraindicated for any PFT procedures. They will have to contact their physician.

## **Patient Instructions:**

- DO NOT USE SHORT ACTING INHALERS 4 HOURS PRIOR TO TESTING.
- DO NOT USE LONG-ACTING INHALERS 12 HOURS PRIOR TO TESTING.
- DO NOT SMOKE AT LEAST 12 HOURS PRIOR TO TESTING.
- BRING LIST OF CURRENT MEDICATIONS.

MD Name:	ID#
MD Signature:	Date/time:



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