## Palliative Care

at MarinHealth Supportive Care Center







# You Can Live Well While Living with a Serious Illness. Palliative Care Can Help.



#### An Extra Layer of Support

Our specially-trained team is here to assist with all of your concerns, and to help improve your quality of life as you receive treatment for a serious illness. We provide symptom management (pain, nausea, vomiting, fatigue), supportive counseling, spiritual care, connections to local resources, caregiver support, advance care planning, and much more. Care is based on a patient's needs—not their prognosis.

#### You Can Have a Say in Your Care

Treatments only work if they work for you. With palliative care, patients and their caregivers are in the drivers seat. You'll be able to discuss what matters most to you and share in decision making to get the care that's right for you.

#### Is Palliative Care Covered by My Insurance?

Our program accepts all major insurance carriers. We aim to provide services to every patient, regardless of insurance status.

#### Meet Our Team



Joshua Biddle, MD



Nikki Bullock, LCSW, APHSW-C



Rebecca Conroy, NP



Wesley Howell, BS



Cheryl Moir, RN



Sabine "Kora" Schmid, BCC

#### HOW CAN I MEET WITH THE TEAM?

Please feel free to call your doctor and ask for a referral to our program. Your doctor can reach us at 415-925-7450.

### Donating to MarinHealth Supportive Care Center



Charitable gifts to MarinHealth Foundation, a 501(c)(3) nonprofit organization in support of MarinHealth's Supportive Care Center will be used to strengthen and expand our services, including funding staff training, community outreach, workshops and support groups, and providing direct financial support for patients to help with basic needs like over-the-counter medications, food, housing, transportation to medical appointments, and other necessities.

Regardless of your gift amount, your support will help ensure that seriously ill members of our community can receive empathetic care and skilled support when they need it most. To learn more or make a gift that advances the compassionate mission of the Supportive Care Center, visit MyMarinHealth.org/foundation or contact MarinHealth Foundation at 415-925-7770 or Foundation@MyMarinHealth.org.



## You Can Live Well While Living with a Serious Illness. Palliative Care Can Help.

Palliative care helps people with serious illness stay at home rather than having to go to the hospital. It reduces physical discomfort, improves quality of life, and gives you a say in your care.

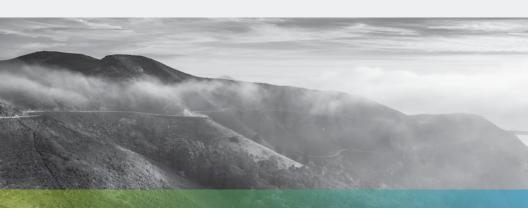
Palliative care makes living with a serious illness easier—both for the patient and those who care for them.

"[Our] visit with Dr. Biddle and his team... was very helpful and helped establish a connection for what will be a challenging but compassionate care plan for our mother's failing health. His opinions validated our own and we feel our mother is in good hands."



To learn more, listen to MarinHealth's podcast episode, "Understanding Palliative Care" at radiomd.com/marin.

#### World-class care. Closer than you think.



#### MarinHealth Supportive Care Center | A UCSF Health Clinic

1350 South Eliseo Drive, Suite 140, Greenbrae, CA 94904 415-925-7450 | MyMarinHealth.org/supportivecarecenter

